

**Sewanhaka Central High School District**

**Office of Pupil Personnel Services**

**“A Helping Hand”**

**A Manual for Clinical Referral Resources**



*National School District of Excellence*  
**[www.sewanhakaschools.org](http://www.sewanhakaschools.org)**

# SEWANHAKA CENTRAL HIGH SCHOOL DISTRICT

2018-2019

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Cassandra Papajohn-Shaw – Art  
Christine Licastri – Business/Technology  
Gina Rodriguez – English  
Diane DeLuca – ENL  
Joan Chieffo – Family & Consumer Science  
and Career/Technical Education

Karen Annunziata – Library Media  
Robert Pontecorvo – Mathematics  
Noel Monat – Music  
Dr. Regina Huffman – Science  
Matthew Schwartz – Social Studies  
Esther Acevedo – World Languages

11/8/2018



# SEWANHAKA CENTRAL HIGH SCHOOL DISTRICT

A National District of Excellence

ELMONT • FLORAL PARK • FRANKLIN SQUARE • NEW HYDE PARK

CENTRAL ADMINISTRATIVE OFFICES

77 Landau Avenue, Floral Park, NY 11001-3603



Ralph P. Ferrie, Ed.D.  
*Superintendent of Schools*

Regina M. Agrusa  
*Assistant Superintendent  
for Pupil Personnel Services  
(516) 488-9851/53  
FAX: (516) 328-0125  
Email: [ragrusa@sewanhaka.k12.ny.us](mailto:ragrusa@sewanhaka.k12.ny.us)*

October 2018

Dear Colleagues:

The following agencies, clinics and private practitioners offer a variety of services to families in our communities. Parents and Guardians should contact their insurance carrier for a listing of providers covered by their plan. **This list is not an endorsement of any provider by the Sewanhaka Central High School District, or any of its component junior/senior high schools.** This booklet is the staffs' response over the years for students and parents who ask, "Where can I go?" or "Who can help me?"

Sincere thanks and appreciation is extended to the dedicated clinical staff members of our district who have always been responsive to community needs by offering "a helping hand." Kudos to the many staff members who shared their information and ideas in bringing this publication to reality.

It is our hope that the students and families, who are in need of professional assistance, will find this information helpful.

Sincerely,

A handwritten signature in blue ink that reads "Regina M. Agrusa".

Regina M. Agrusa  
Assistant Superintendent for Pupil Personnel Services



**SEWANHAKA CENTRAL HIGH SCHOOL DISTRICT**  
**Office of Pupil Personnel Services**

Clinical Dedication

The suggestions and information contained in this resource manual have been used by many of the clinicians of our District during their work with our students and families. Many students have successfully utilized these support services during difficult times. This manual is dedicated to the clinical staff of the District for their help, commitment and encouragement in helping students and families heal.

The Offices of the Pupil Personnel Services in each building is staffed by the following clinicians:

**Central Administration**

Regina M. Agrusa, Assistant Superintendent for PPS  
Caryl Oris, M.D., Psychiatric Consultant  
Mallory Poledro, Supervisor of Special Education  
Aubrey Fisher, CSE Chairperson  
Erin McKeon, CSE Chairperson

**Elmont Memorial High School**

Caron Cox, PPS Chairperson  
Dr. Jeannine Bergen, Psychologist  
Danielle Comiskey, Social Worker  
Suzanne Pugh, Social Worker  
Kaia Williams, Psychologist

**Floral Park Memorial High School**

Dr. Samine Charles-Pierre, PPS Chairperson  
Dr. John Heverin, Psychologist  
Dr. Christine Plackis, Social Worker  
Jennifer Rosenberg, Psychologist

**H. Frank Carey High School**

Danielle Amato, PPS Chairperson  
Michael Cortese, Psychologist  
Keith Lynch, Social Worker  
Cristina Vindigni, Psychologist

**New Hyde Park Memorial High School**

Gerri Lynn Cookler, PPS Chairperson  
Lisa Ciulla, Psychologist  
Bruce Kowal, Psychologist  
Dr. Michele Sanzone-Goodrich, Social Worker

**Sewanhaka High School**

Marilyn Heyward, PPS Chairperson  
Dr. Glen Borkhuis, Psychologist  
Dr. Jeannine Bergen, Psychologist  
Alaisa Grudzinski, Social Worker  
Michelle Ramdial, Social Worker

*The Clinical Team of the Sewanhaka Central High School District recognizes that there is a vast array of issues that may precipitate the need for teens and families to seek help beyond what is offered by the district. In order to further assist families in determining when additional assistance could be indicated, below are outlined some of the more common situations that bring them to seek outside treatment. Each issue includes a hotline that can serve as a starting point for help; the hospitals, clinics, and private practitioners listed further along in this guide each have specialties listed that will direct you to one that might be appropriate for that concern.*

*The following categories are meant to guide and inform, and are in no way an exhaustive list of emotional/social/physical issues, nor are they intended to substitute for a qualified clinical assessment and/ or diagnosis.*

### **Mental Health**

General mental health issues encompass a wide array of struggles teens and families may face. Some common – but certainly not the only – terms you may hear include depression and anxiety, of which there are varied forms. Examples of symptoms you may notice of either of these conditions include:

- self-injurious behavior;
- suicide threat or gesture;
- loss of interest in/withdrawal from life activities;
- fear of social/ school situations;
- drastic change in following of typical life routines.

In addition to the clinical services provided by the home school in the district and the hospitals and clinics listed in this referral guide, it can also be helpful to have a resource in a time of crisis. A hotline you may access is:

**Long Island Crisis Center Bellmore, NY 11710 516 679-1111**

Provides services 24 hours, 7 days a week for any kind of crisis (including suicide, depression, drug problems, runaway issues, abuse/neglect, family, personal, health or sexuality issues).



## Substance Abuse

Teens may abuse substances – drugs and/or alcohol – for any number of reasons and may do so in concert with mental health issues as well. Abuse of substances may serve as an escape from issues that trouble teens, ones in which they feel there is no hope or that they cannot control. A small sample of indicators that your teen may be involved in substance abuse follows:

- increasingly angry or defiant;
- uncharacteristically isolated and withdrawn;
- secretive concerning behaviors or whereabouts;
- denies, lies, or covers up;
- loses interest in hobbies or activities;
- takes unnecessary risks or acts in a reckless manner

Should you have any concerns regarding a possible substance abuse problem for your child or any family member, referrals to agencies providing specific services geared towards individuals with this issue can be found in this guide. Additionally, a call to the hotline can assist:

**Nassau County Drug & Alcohol Hotline                      516 481-4000**

## Eating Disorders

Eating disorders commonly occur in young women but can affect young men as well. Disordered eating can occur as a way for people to control something when they feel out of control in other areas of their lives. Eating disorders revolve around two specific areas: restricted eating or overeating. Some disorders you may have heard of include *anorexia nervosa (severely restricted eating)*; *bulimia nervosa (binging and then purging through vomiting or excessive exercise)*; *binge eating (eating large and excessive amounts of food in extremely short periods of time)*. Like substance abuse issues, eating disorders may occur along with mental health struggles. Some possible indicators of an eating disorder include:

- intense fear of gaining weight;
- exhibits a disturbed perception of their shape or size;
- loss of menstruation (in females);
- eating exceptionally large amounts of food in a short time period;
- excessive/ extreme exercise
- hoarding/ hiding food in inappropriate places

In our local area, the North Shore/LIJ Health System facilitates an eating disorder treatment program that can provide assistance:

**Long Island Jewish Eating Disorders Center                      516 470-4747**

## *Bereavement/Grief*

Grief and loss is a common area of distress that involves not only bereavement over the death of someone close, but can take varied forms including loss of familiar relationships or situations, e.g. a best friend moves, parents divorce, move to a new neighborhood. If left unaddressed, feelings about any kind of loss can lead to the struggles formerly mentioned – emotional issues, substance abuse, and eating disorders. Indicators of grief can be complicated and varied and are all normal reactions, but nevertheless need attention. Some signs you may notice that a family member is in a bereavement process include:

- sadness, frequent crying/ teary demeanor;
- anger/ isolation/ withdrawal;
- fear that a parent or loved one may die or leave that seems exaggerated;
- loss of interest in relationships or regular life activities.

If you suspect your teen or family member is suffering grief reactions that are interfering with their daily life, in addition to the referrals in this guide, the Long Island Crisis Center hotline is 516-679-111.





# Referrals

## Hospitals and Clinics

### **Adelphi University Post-Graduate Psychotherapy Center**

Garden City, NY 11530

516 877-4840

Dr. Jack Herskovits, Director

### **C. W. Post Psychological Services Center**

Brookville, NY 11545

516 299-3211

Josette Banks, Assistant Director

**Specialty:** Anger management groups, 8-10 week program

### **Catholic Charities**

Amityville, NY 11701

631 789-5235

**Specialty:** Assistance with immigration

### **Catholic Charities Queens Community Center**

Behavioral Health Center - Jamaica

161-10 Jamaica Avenue – 2<sup>nd</sup> floor

Jamaica, NY 11432

718 704-5488

**Specialty:** Mental health and substance abuse services

### **Center for H.O.P.E.**

Susan Thomas, LCSW

516 216-5194

**Specialty:** Bereavement counseling

### **Cohen Children's Medical Center/Northwell Health**

#### **Pediatric Behavioral Health Urgent Care Center**

269-01 76<sup>th</sup> Avenue

New Hyde Park NY 11040

917 480-4495

\*Provides walk-in evaluations and treatment to assist children and adolescents (ages 5-17) and their families experiencing a behavioral health crisis.

### **Community Counseling Services of West Nassau**

1200A Hempstead Turnpike

Franklin Square, NY 11010

516 328-1717

Individual, group and family counseling, including drug/alcohol abuse, alcoholism education series and treatment program. Sliding scale fees, insurance accepted.

**Specialty:** Substance abuse services

**COPAY (Community Organization for Parents and Youth, Inc.)**

21 North Station Plaza  
Great Neck, NY 11021  
516 466-2509

Contact: Maria Elisa Cuadra

**Specialty:** Provides bilingual, professional and culturally aware substance abuse treatment and care for co-occurring mental health and relationship issues.

**EPIC Long Island**

1500 Hempstead Turnpike  
East Meadow, NY 11554  
516 739-7733

**Specialty:** Provides epilepsy services, intellectual/developmental disabilities, mental health clinic, South Shore Child Guidance Center.

**Family and Children's Association**

129 Jackson Street  
Hempstead, NY 11550  
516 486-7200

510 Hempstead Tpke., Suite 202  
W. Hempstead, NY 11552  
516 437-6050

31 Main Street  
Hempstead, NY 11550  
516 485-4600

Individual and group for personal and family problems for all ages. Marital counseling and bereavement counseling. Some programs free, fees vary according to service. Agency offers over 50 kinds of programs at different locations. Look in white pages for list of programs.

**Specialty:** Bereavement, marital counseling

**Friends of Bridge**

5-11 Pflug Place  
Valley Stream, NY 11580  
516 825-4242

**Specialty:** Substance abuse treatment

**Gateway Youth Outreach**

534 Elmont Road  
Elmont, NY 11003  
516 328-1550

Pat Boyle, Clinical Director

Short term counseling for school/family problems, runaway and substance abuse. Recreation programs, tutoring. Free services.

**Specialty:** Recreation/outreach (services are free)

**Hispanic Counseling Center**

344 Fulton Avenue  
Hempstead, NY 11550  
516 538-2613

Contact: Maria Coballero

Individual and family counseling, parent education groups, after school program, short-term classes. Bilingual services. Most services are free.

**Specialty:** Bilingual services, family therapy (many services are free)

**Hofstra University – Psychological Evaluation, Research & Counseling Clinic**

Hempstead, NY 11550

516 463-6535

**Specialty:** Psychological assessment and psychotherapy for adolescents and families

**Long Island Crisis Center**

2740 Martin Avenue

Bellmore, NY 11710

516 826-0244

516 679-1111 (Hotline)

Hotline services 24 hours a day, 7 days a week for any kind of crisis (including suicide, depression, drug problems, runaway, abuse/neglect family, personal, health or sexuality issues).

**Specialty:** Hotline crisis intervention and referrals

**Long Island DBT (Dialectical Behavior Therapy) Group**

1025 Northern Blvd., Suite 106

Roslyn, NY 11576

516 627-6201 [LIDBTGROUP@aol.com](mailto:LIDBTGROUP@aol.com)

**Specialty:** Cognitive-behavioral treatment for borderline personality disorder

**Lutheran Counseling Center**

132 Jefferson Avenue

Mineola, NY 11501

516 741-0094

\*Family counseling

**Northwell Health Garden City Treatment Center**

711 Stewart Avenue

Garden city, NY 11530

516 742-4015

**Specialty:** Substance abuse treatment, outpatient program, day treatment program including educational program for adolescents

**Nassau County Coalition Against Domestic Violence**

Hempstead, NY 11550

516 465-4700

516 542-0404 (Hotline)

Hotline services will assist adolescents

**Nassau University Medical Center - Outpatient Child & Adolescent Clinic**

2201 Hempstead Turnpike

East Meadow, NY 11554

516 296-2670

Serving children, youth and families struggling with emotional, behavioral and medical issues

**New Horizon Counseling Center**

50 West Hawthorne Ave.  
Valley Stream, NY 11580  
516 569-6600

Contact: Luisa Fischettl, intake

Individual, family and group counseling, marital counseling, services for victims of sexual abuse/assault, Counseling for families of children with developmental disabilities. Sliding scale fees, insurance accepted.

**Specialty:** Outpatient mental health services

**North Shore Child and Family Guidance Center**

480 Old Westbury Road  
Roslyn Heights, NY 11577  
516 626-1971 [www.northshorechildguidance.org](http://www.northshorechildguidance.org)

Therapy for emotional and behavior problems, diagnostic testing, crisis intervention for children and parents. Special programs for single parents and families of children with developmental disabilities. Spanish speaking services. Sliding scale fees, insurance accepted.

**Specialty:** Family therapy groups for children and teens, bereavement.

**North Shore/LIJ - Zucker Hillside Hospital**

New Hyde Park, NY 11040  
718/516 470-3500  
Child and Adolescent Psychiatric Emergency Room 718 470-7640  
Eating Disorder Center 718/516 470-4747  
Physician referral line for insurance inquiries 1-888-321-3627

**Outreach House**

400 Crooked Hill Road  
Brentwood, NY 11717  
631 231-3232

**Specialty:** Residential substance abuse treatment center

**Pride of Judea**

24302 Northern Blvd.  
Little Neck, NY 11362  
Douglaston, NY  
718 423-6022 (Clinic)  
844 663-2255 (Intake)

**Specialty:** Mental health services

**Pride for Youth**

2050 Bellmore Ave.  
Bellmore, NY 11710  
[Prideforyouth.org](http://Prideforyouth.org)  
516 679-1111 (Hotline)  
Pete Carney, Director  
516 679-9000

**Project Forward**

55 W. Ames Court, Suite 100

Plainview, NY 11803

516 704-3254

**Specialty:** School refusal

**Project Outreach**

600 Hempstead Turnpike

West Hempstead, NY 11552

516 481-2890

Individual and group counseling for personal, family and drug/alcohol abuse problems. Day and evening hours (Mon., Tues., and Thurs. until 9 p.m.) Sliding scale fees, insurance accepted.

**Specialty:** Outpatient mental health and substance abuse services

**Psychological Services of Long Island**

400 South Oyster Bay Road

Suite 101 & 102

Hicksville, NY 11801

516 818-8383

Contact: Dr. Fred Holtz

**Specialty:** They provide therapy for personal growth and confidence in a comfortable, supportive atmosphere

**Renfrew Center for Eating Disorders**

11 East 36<sup>th</sup> Street - 12<sup>th</sup> Floor

New York, NY 10016

212 685-6856

**Specialty:** Inpatient and outpatient treatment programs for eating disorders, programs are in NYC

**Sagamore Children's Psychiatric Center**

197 Half Hollow Road

Dix Hills, NY 11746

631 370-1700

Kathy O'Keefe, Acting Executive Director

Day and residential programs for children and adolescents with severe emotional problems.

Psychiatric, psychological and family assessments. Individual, group and family therapy. Special program for children presenting sexual behavior of an inappropriate or abusive nature.

**St. John's Child HELP Partnership - St. John's University Center for Psychological Services**

152-11 Union Turnpike

Flushing, NY 11367

718 990-2367

**Specialty:** Treatment of trauma

**St. John's University - Center for Psychological Services and Clinical Studies**

8000 Utopia Parkway  
Queens, NY 11358  
718 990-1900

**Specialty:** Psychological assessment and psychotherapy for adolescents and families. Sliding scale fees.

**South Nassau Communities Hospital Counseling Center**

2277 Grand Avenue  
Baldwin, NY 11510  
516 377-5400

**Specialty:** Outpatient mental health services, trauma victims

**South Oaks Hospital**

400 Sunrise Highway  
Amityville, NY 11701  
631 264-4000

Child and Adolescent Community Services  
Ken Corvin, Director - 631 608-5359

**Specialty:** Substance abuse services, psychiatric hospital services

**South Shore Child and Family Guidance Center**

91 Guy Lombardo Avenue – Unit 1  
Freeport, NY 11520  
516 868-3030

Counseling, family counseling and mental health services.

**Special Programs:** Mobile Crisis Team, Pathways

Christopher Picinnini, intake - 516 868-3030

Home visits, coordination of mental health services to prevent hospitalization, serving Nassau County, parent must consent for Mobile Crisis services.

## **Psychiatric Evaluations**

### **Charles Evans Health Center**

807 South Oyster Bay Road  
Bethpage, NY 11714  
516 622-8888

\*Contact Intake Coordinator: Arlene Brito at 516 622-8888, Ext. 460. Use Dr. Heverin's (Floral Park Memorial School Psychologist) name as a reference as Charles Evans Health Center does not typically treat students under the age of 18.)

### **Nassau University Medical Center**

Pediatric Psychiatry  
2201 Hempstead Turnpike  
East Meadow, NY 11554  
516 296-2670

### **North Shore Long Island Jewish Hospital**

Division of Child Psychiatry at Zucker Hillside Hospital  
75-59 263<sup>rd</sup> Street  
Glen Oaks, NY 11040  
718 470-3503

### **NYU Langone Medical Center**

Child Study Center  
1981 Marcus Avenue, Suite C-102  
Lake Success, NY 11042  
516 358-1808

### **Long Island Psychiatric, PLLC**

James Snyder, MD  
2 Main Street, Suite 8  
Roslyn, NY 11576  
516 626-2182  
Fax: 516 626-9367

### **Hope Psychiatric Services**

Dr. Dimple Sodhi  
111 7<sup>th</sup> Street, Suite 111  
Garden City, NY 11530  
516 858-3302

## Private Practitioners

### Psychiatrists

Raymond Behr, M.D.  
Great Neck, NY 11548  
516 482-1980

Jason M. Careri, M.D.  
233 7<sup>th</sup> St., Ste 200  
Garden City, NY 11530  
516 960-8096

Robert Collucci, M.D.  
Medical Director – Adolescent Psychiatry  
Nassau University Medical Center  
Private Practice  
Farmingdale, NY 11735  
631 209-1477

Steven Diamond, M.D.  
Garden City, NY 11530  
516 248-5005

Anthony Donatelli, M.D.  
5 Fox Croft Road  
Manhasset, NY 11030  
516 365-0348

Robert Edelman, M.D.  
Roslyn Heights, NY 11577  
516 625-0610  
**Specialty:** Diagnostic evaluation

Robert Ganeles, M.D.  
Great Neck, NY 11021  
516 482-0404

Michael Genovese, M.D.  
520 Franklin Ave., Suite L-3  
Garden City, NY 11530  
516 747-1470

Nina Gurevich, M.D.  
151 Burrs Lane  
Dix Hills, NY 11746  
631 643-8800

Stanley Hertz, M.D.  
55 Fern Drive  
Roslyn, NY 11576  
516 484-6366

Rose Marcus, M.D.  
Great Neck, NY 11548  
516 466-9320

Richard Navone, M.D.  
Floral Park, NY 11001  
516 319-2600

Andrew Singer, M.D.  
Hewlett, NY 11557  
516 295-9088

Alan Stempler, M.D.  
North Shore University Hospital  
516 829-6641

John Udarbe, M.D.  
1010 Northern Blvd., Suite 208  
Great Neck, NY 11021  
516 336-2560

### Neurologists

Vijaya L. Atlura, M.D.  
120 Mineola Blvd.  
Mineola, NY 11501  
516 663-9494

Marcia Bergtraum, M.D.  
3003 New Hyde Park Road  
New Hyde Park, NY 11040  
516 488-2323

Chaula Karode, M.D.  
107 Mineola Blvd.  
Mineola, NY 11501  
516 663-9494

Joseph Mytal, M.D.  
410 Lakeville Road  
New Hyde Park, NY 11040  
516 465-5255



## **Psychologists**

Laura Beecher, Ph. D.  
Manhasset, NY 11030  
516 883-3006, 869-0722

Ronald Cohen, Psy.D  
333 East Shore Road  
Manhasset, NY 11030  
516 487-5213; 516 606-0909

Alan Dustman, Ph.D.  
Garden City, NY 11530  
516 742-0110

Dr. Amy Feldman  
Mineola Children's Cognitive Center  
516 620-2075  
**Specialty:** Trauma, abuse and family treatment

Robert Fox, Ph.D.  
Great Neck, NY 11548  
516 829-9506  
**Specialty:** Eating Disorders

Norman Fried, Ph.D.  
Manhasset, NY 11030  
516 869-1199  
**Specialty:** Bereavement

Regine Galanti, Ph.D.  
Cedarhurst, NY 11516  
646 657-8149  
**Specialty:** CBT-OCD, anxiety disorders, parent-child interactional therapy, parent training

George Guiliani, Ph.D.  
Catholic Learning Center  
516 243-2503

Steven Krantz, Ph.D.  
1800 Rockaway Ave.  
Hewlett, NY 11557  
516 593-2611  
**Specialty:** Substance abuse

Dr. Don David Lusterman  
Dr. Leo Katz  
Baldwin, NY 11510  
516 623-5314  
**Specialty:** Family therapy

Louise Mini, Ph.D.  
No. Village Avenue Suite 17  
Rockville Centre, NY 11570  
516 599-2290

Carla Natalucci, Psy.D.  
Floral Park, NY 11001  
516-488-1173

Margaret O'Shea, Ph.D.  
East Norwich, NY 11732  
516 922-4097  
**Specialty:** Bereavement

Alvin Pitkow, Ph.D.  
788 Franklin Avenue  
Franklin Square, NY 11010  
516 459-2990

Patricia Pitta, Ph.D.  
Manhasset, NY 11030  
516 627-3056

Kavita Rajavaraju, Ph.D.  
251-15 Union Turnpike  
Bellerose, NY 11426  
516 376-5150

Steve Russo, Ph.D.  
Mineola, NY 11501  
516 448-3015

Teri Schwartz, Ph.D.  
Gail B. Malloy, Ph.D.  
Floral Park, NY 11001  
516 352-2018

Lydia Warner, Ph.D.  
Hewlett, NY 11557  
516 596-0073

Joseph Weinreb, Psy.D.  
Flushing, NY 11355  
718 380-4549/4656

Janet M. Weiss, Ph.D.  
186 Argyle Road  
Stewart Manor, NY 11530  
516 437-9843

## Clinical Social Workers

Iris Ackerman, Ph.D.  
Tom Ackerman, LCSW  
Lynbrook, NY 11563  
516 374-6259

Leslie Black Currio, Ph. D., LCSW  
233 Seventh St. – Ste 300  
Garden City, NY 11530  
516 873-9830; Cell 516 521-8685

Paul Chaisson, LCSW  
100 North Village Avenue Suite 18  
Rockville Centre, NY 11570  
516 678-8788  
**Specialty:** Addictive disorders

Kathryn Chernack, LCSW, DSW  
Garden City, NY 11530  
516 594-0528

Louis Cook, LCSW  
Rockville Centre, NY 11570  
516 764-1816

Sean Douglas, LCSW  
Rockville Centre, NY 11570  
516 825-8584

Eileen Duffy, LCSW  
516 668-3362

David Flomenhaft, LCSW  
96 Sydney Avenue  
Malverne, NY 11565  
516 596-0739

**Speciality:** PTSD and anxiety disorders, psychotherapy with children, adolescents and adults, marital therapy

Bruce Goldman, LCSW  
2546 Navy Place  
Bellmore, NY 11710  
516 679-2891

**Speciality:** Family therapy, adolescent issues and substance abuse services

Judith Kernahan, LCSW  
Mineola, NY 11501  
516 579-4306

Sandra Kronberg, MS (Nutritionist)  
Westbury, NY  
516 794-7328  
**Specialty:** Eating disorders

Linda Lockspeiser, LCSW  
Valley Stream, NY  
516 872-9304  
**Specialty:** Victims of abuse and neglect

Margaret Lorenz, LCSW  
Mineola, NY 11501  
516 236-1717

Debbie Lyons, LMFT  
302 Willis Avenue  
Mineola, NY 11501  
516 434-0396  
**Specialty:** Marriage and family therapy

Michelle Macolino, LCSW  
Garden City, NY 11530  
516-805-6106

Meg Maginn, LCSW  
Hauppauge, NY 11788  
631 724-7152  
**Specialty:** Eating disorders

Mary Ann McCorry, LCSW  
West Hempstead, NY 11552  
516 483-2752  
**Specialty:** Psychoanalytic psychotherapy

Jennifer Melli, LCSW-R  
233 7<sup>th</sup> Street, Ste 200A  
Garden City, NY 11530  
631 766-0123

Elizabeth Munro, LCSW  
Floral Park, NY 11001  
917 743-6157

Susan Murphy, LCSW  
Floral Park, NY 11001  
908 868-5757

Jim Nuss, LCSW  
Floral Park, NY 11001  
516 775-4258

Edward Paley, LCSW  
Plainview, NY 11803  
516 565-4313, 931-4162

Vicky Paley, LCSW  
Manhasset, NY 11030  
516 627-5009  
**Specialty:** Eating disorders

Randi Realson, LCSW  
1 Great Neck Road, Suite 8  
Great Neck, NY 11021  
516 487-3981  
**Specialty:** Eating disorders

Allison Squallice, LCSW  
Great Neck, NY 11021  
516 773-3835  
**Specialty:** Family therapy

Christine Sullivan, LCSW  
233 Seventh St., Ste 300  
Garden City, NY 11530  
516 456-7804

Joan Tipaldi, LCSW  
Syosset, NY 11791  
516 496-9651  
**Specialty:** Eating disorders

Marlene Verber, LCSW  
Floral Park, NY 11001  
516-537-9634

Michele Vincent, LCSW-R, BCD  
20 South Tyson Street  
Floral Park, NY 11001  
917 496-7328

Ellen Vogt, LCSW  
Rockville Centre, NY 11570  
516 826-2794  
**Specialty:** Trauma

Randi Zimmerman, LCSW-R  
Island Professional Center  
100 Manetto Hill Rd., Ste 205  
Plainview, NY 11803  
516 987-4959  
**Specialty:** Eating disorder

### **Specialized Agencies and Hotlines**

**Al Anon**

516 433-8003  
Call for information about meetings in Nassau County.

**Alcoholics Anonymous (AA)**

516 292-3040  
Call for information about meetings in Nassau County

**Alateen**

516 433-8003

**Narcotics Anonymous (NA)**

516 827-9500  
Call for information about meetings in Nassau County.

**Child Abuse Prevention Services (CAPS)**

516 621-0552 (Bully Prevention Center at ext. 109)

**Coalition on Child Abuse and Neglect**

516 747-2966 x113  
Stephanie Nadvornik, information and intake  
Project Kids Talk – peer support group for sexually abused children (no fee)

**Children’s Care Coordination Team (CCCT) – North Shore Child and Family Guidance Center**

480 Old Westbury Road  
Roslyn Heights, NY 11577  
516 626-1971 x30  
Andrea Evdos-Cutler, information and intake  
Clinical services in home for children with serious emotional disturbances

## **Department of Social Services – Nassau County**

### **Food Stamps**

516 227-8523

### **Medicaid Certification**

516 227-8000

516 227-8056

### **Housing and Homeless Prevention**

516 227-7525

### **Emergency Assistance to Families (EAF)**

516 227-7584

### **Elmont Health Center**

Young Adult Services (YAS) Clinic for ages 12-20, Tuesdays 4:30 - 7 p.m.

161 Hempstead Turnpike

Elmont, NY 11003

516 571-8200

Immunization for new immigrants, school immunization, pregnancy testing, family planning, pediatric and maternity services. Sliding scale fees, insurance accepted. No fee for family planning.

### **Domestic Violence Hotline**

800 942-6906

### **Drug and Alcohol Hotline**

516 481-4000

### **FEGS – Mental Health Services**

516 505-2003 Ext. 206

### **Haitian Outreach Project – North Shore Child and Family Guidance Center**

480 Old Westbury Road

Roslyn Heights, NY 11577

516 997-2926 x232

Roseline Feliz, information and intake

### **Immigration Information**

800 375-5283

[www.bcis.gov](http://www.bcis.gov)

### **Long Island Advocacy Center**

999 Herricks Road

New Hyde Park, NY 11040

516 248-2222 x101

Advocacy for special education and special needs students.

**Long Island Advocates**

**Momma's House**

1857 Wantagh Ave.  
Wantagh, NY 11793  
516 781-8637

[www.mommashouse.org](http://www.mommashouse.org)

Residence and support program for young women ages 17-21 who are pregnant or parenting and are homeless. Young women learn parenting skills, money management, plan for their future, and are supported in their education and work. Residents are helped to apply for DSS housing support and Medicaid if they do not have income.

**Nassau County Bar Association**

Mineola, NY  
516 747-4832

**Vocational Rehabilitation Counselors**

**New York State Department of Education - VESID**

50 Clinton Street  
Hempstead, NY 11550  
516 483-6510  
800 222-JOBS