

BOARD OF EDUCATION

David T. Fowler, PresidentFloral Park-Bellerose
David Del Santo, VP.....New Hyde Park-Garden City Park
Tameka Battle-Burkett.....Elmont
Louis Curcio..... Franklin Square
Laura Ferone.....Floral Park-Bellerose
Jean Fichtl.....Franklin Square
Michael A. Jaime.....Elmont
James Reddan.....New Hyde Park-Garden City Park
Bernadette Gallagher-Gaffney ~ Attorney
Noah Walker ~ Attorney
Eleanor Moore~ District Clerk

CENTRAL ADMINISTRATION

Dr. Ralph P. Ferrie
Superintendent of Schools

Kevin O'Brien
Assistant Superintendent for Finance & Operations

John Capozzi
Assistant Superintendent for Personnel & Administration

Dr. Cheryl H. Champ
Assistant Superintendent for Curriculum & Instruction

Regina M. Agrusa
Assistant Superintendent for Pupil Personnel Services & Special Education Services

Frederick Rauli
Administrative Assistant to the Superintendent

Christopher D. Nelson
Director of Instructional Technology and Student Achievement

Brian Wiperman
Supervisor of Special Education Services

DISTRICT POLICIES:

- Program is open to District Residents and Staff **ONLY**
- Registrants must be 18 years or older and out of high school
- Cash, checks or money orders. Returned checks incur a \$15.00 service charge
- No refunds; please plan carefully
- Sewanhaka Central High School District reserves the right to cancel/change/ substitute courses due to unforeseen circumstances
- Sewanhaka Central High School District is a smoke free, alcohol free, drug free environment

Any questions please call: Mr. Frederick Rauli
Adult Education Program Director at
516-488-9823 or visit our website at:

www.sewanhaka.k12.ny.us

Sewanhaka Central High School District

Spring 2017 Adult Education Program



A National District of Excellence

Dear Residents,

The Sewanhaka Central High School District welcomes you to the Adult Education Program. The classes are being offered at Elmont Memorial, H. Frank Carey and New Hyde Park Memorial High Schools. The program is designed to provide a learning and recreational experience.

Frederick Raulli
Adult Education Program Director

ELMONT MEMORIAL ADULT EDUCATION PROGRAM

Registration: February 14, 2017 (Tuesday) 7:00—9:00 PM Main Lobby
Tuesday Classes (10 Sessions)
March 7, 14, 21, 28, April 4, 18, 25, May 2, 9, 16

Zumba 7:15 — 8:15 PM
An exciting fitness class that features music from around the globe and dance styles ranging from Latin to Hip-Hop. Zumba is a cardio class that sustains your heart rate at a healthy level to enhance weight loss and lean muscle sculpture.
Fee: \$50.00 Limit: 30

Introduction to Microsoft Office 2013 7:15—8:30 PM
This exciting class will cover the powerful programs of Microsoft Office 2013. Learn numerous skills using Word, Excel, Publisher and PowerPoint. **BASIC SKILLS REQUIRED.**
Fee: \$50.00 Limit: 30

H. FRANK CAREY ADULT EDUCATION PROGRAM
Registration: February 15, 2017 (Wednesday) 7:00—9:00 PM Main Lobby
Wednesday Classes (10 Sessions)
March 8, 15, 22, 29, April 5, 19, 26, May 3, 10, 17

Hatha Yoga –Beginner 6:45 – 8:00 PM
This beginner course is open to men and women of all ages. Participants will enjoy flexibility, strength and improved posture. Experience deep relaxation and reduced stress. Bring a workout yoga mat.
Fee: \$50.00 Limit: 30

Zumba 7:15 – 8:15 PM
An exciting fitness class that features music from around the globe and dance styles ranging from Latin to Hip-Hop. Zumba is a cardio class that sustains your heart rate at a healthy level to enhance weight loss and lean muscle sculpture.
Fee: \$50.00 Limit: 30

Cake Decorating 7:15—8:30 PM
In just 10 weeks you can learn to be just as great as Betty Crocker! Through the course of this class, students will be taught the fundamentals of pastry as well as master the skill of cake decorating. Classes include cookies, various frostings, chocolates, vegan and gluten free desserts, fondant work and flower designs.
Fee: \$125.00 Limit: 15

H. FRANK CAREY ADULT EDUCATION PROGRAM

Registration: February 15, 2017 (Wednesday) 7:00—9:00 PM Main Lobby
Wednesday Classes (10 Sessions)
March 8, 15, 22, 29, April 5, 19, 26, May 3, 10, 17

Advanced Microsoft Office 2013 7:15—8:30 PM
Already use Office on your computer. This session gets you ready to take advantage of Office 365 to deliver higher productivity, work across multiple devices and access documents from anywhere. Learn to advance your correct skills and take your knowledge to the next level.
Fee: \$50.00 Limit: 30

Pickle Ball 7:30 – 9:30 PM
Pickle Ball is the hottest new game sweeping the country! Pickle Ball is a combination of tennis, ping pong, racquetball and badminton. Played with lightweight paddles and a plastic ball, it is easy to learn and FUN TO PLAY!
Fee: \$90.00 Limit: 30

NEW HYDE PARK MEMORIAL ADULT EDUCATION PROGRAM
Registration: February 16, 2017 (Thursday) 7:00—9:00 PM Main Lobby
Thursday Classes (10 Sessions)
March 9, 16, 23, 30, April 6, 20, 27 May 4, 11, 18

Volleyball 7:15 — 9:30 PM
Open to men and women. Have fun and improve your skills playing each week. This class is not for beginners.
Fee: \$80.00 Limit: 50

Zumba 7:15 — 8:15 PM
An exciting fitness class that features music from around the globe and dance styles ranging from Latin to Hip-Hop. Zumba is a cardio class that sustains your heart rate at a healthy level to enhance weight loss and lean muscle sculpture.
Fee: \$50.00 Limit: 30

Conversational English 7:15—8:15 PM
This course is designed for those who wish to learn or improve English Language skills. Emphasis placed on developing conversation proficiency.
Fee: \$35.00 Limit: 30

Conversational Spanish 7:15—8:15 PM
This is an introductory course in Spanish for beginners that emphasizes verbal communication, listening and speaking. These skills are developed at a basic level with an emphasis on conversation. The structure and grammar covered in the course are only required to enhance the speaking and communicative skills. All students will create and practice dialogues and guided conversations interacting with another classmate or instructor. Prior knowledge of the language is not required.
Fee: \$35.00 Limit: 30

**ALL CLASSES ARE ON A FIRST COME
FIRST SERVE BASIS**